

Welcome to the Spring Term at Ludus Dance!

New Year... New Resolutions... New Start.
At Ludus Dance we're passionate about getting people dancing. And we're overflowing with new inspirational ways to boost the way you, your friends and your family can feel amazing by dancing your way to health and fitness.

.....
Start 2012 in the way in which you intend the year to go on – sign up to Ludus - and have a brilliant time into the bargain. We believe that Dance really is... For Everyone. So we've created a host of specially designed dance classes for every taste and every level of ability. Join in and have fun with the wonderfully talented and friendly Ludus Dance team.

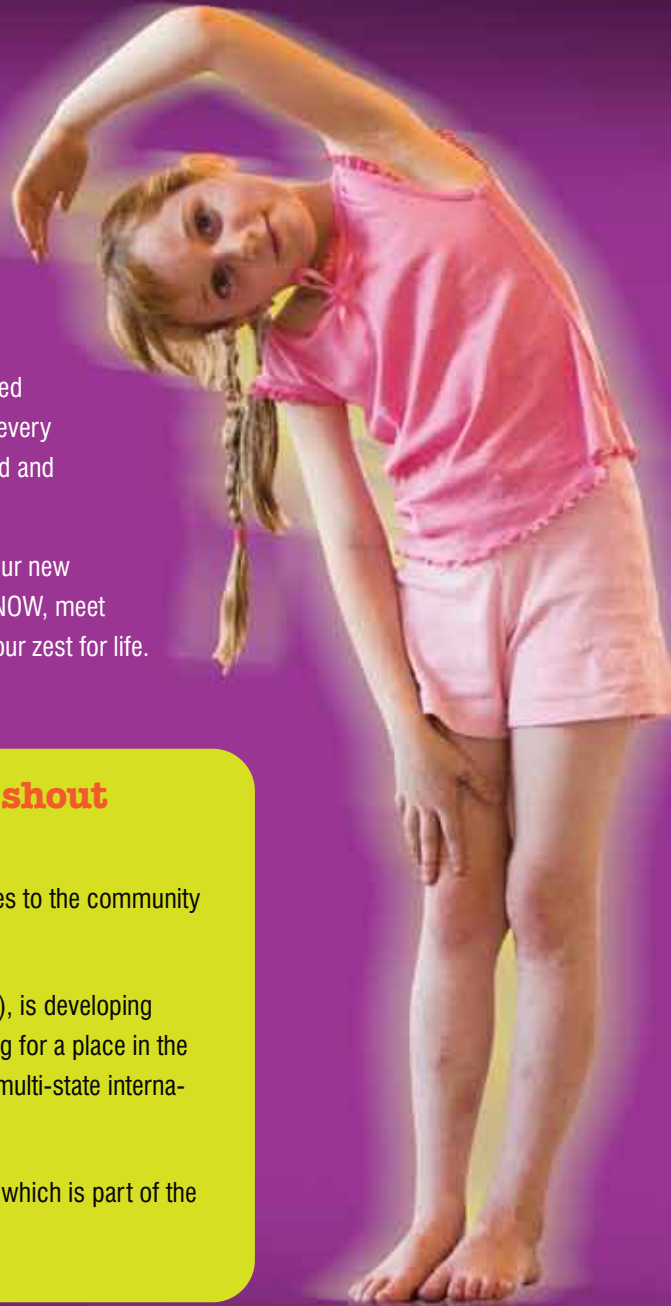
From tiny tots to adults enchanted by the magic of Broadway, our new season of dance classes are toe-tappingly irresistible. Join us NOW, meet new people, have a great time and let Ludus Dance bring out your zest for life.

LUDUS DANCE! Something to shout about at home and abroad

For almost 40 years we've delivered fantastic dance experiences to the community in Lancaster, Morecambe and Lancashire.

In 2012, the NW flagship, Ludus Youth Dance Company (LYDC), is developing international links with Ireland and Germany and also competing for a place in the National U.Dance Festival in London. In January, we lead on a multi-state international youth dance project in Recklinghausen, Germany.

We are the Lancashire lead partner on BIG DANCE North West which is part of the National BIG DANCE, a Cultural Olympiad Project.



New Year... New Classes... New Tutors!



Helen Gould – Broadway **Wednesdays 7pm-7.55pm**

Experience the magic of the musicals. And learn the routines from your favourite shows in this fun and energetic class suitable for everyone. Effervescent, exciting, ever so much pleasure! Led by Lancaster Dance Development specialist, Helen Gould, who has been with Ludus since February 2009.



Jerry Jack - Ludus Street Crew **Tuesdays 5pm-5.55pm**

Charismatic choreographer, performer and teacher of modern dance styles such as Street, Hip-Hop Dance & Break Dance, Jerry has rapidly become a firm favourite at Ludus. Now extending his classes to include this new mixed session for all young people aged 7-11. High octane, high energy, high fives all round.



Ballet Tots – with Helen Gould **Mondays 4pm-4.55pm**

Our new, winsome weekly ballet class for 3-5yr olds. This fun, playful class integrates music and movement with imagination and beginners ballet steps. Perfect for little dancers.

How you can sign up...

Online: www.ludusdance.org/spring

Phone: 01524 35936

In person: Ludus Dance, The Assembly Rooms, King Street, Lancaster, LA1 1RE (Mon-Fri, 10am-4pm)

'Online Only' Offer opens at 10am on Tuesday 3rd January and ends at 4pm on Monday 9th January. Phone/in-person bookings open at the same time.

Monday - Health & Well Being

Class	Time	Age	Price
Space Babies	10am – 10.45am	0–18mths	P1
Mini Movers	11am – 11.45am	18–36mths	P1
Jumping Beans	1.15pm – 2.15pm	2–4yrs	P1
Ballet Tots	4pm – 4.45pm	3-5 years	P1 NEW
Stretch and Boogie	6pm – 6.55pm	40+yrs	P3
Dance Fit	7pm – 7.55pm	18+yrs	P3
Yoga	8pm – 9.30pm	18+yrs	P4

Tuesday - Urban

Class	Time	Age	Price
Ludus Lads (Street)	4pm – 4.55pm	7–11yrs	P2
Ludus Street Crew	5pm – 5.55pm	7-11yrs	P2 NEW
Street Youth	6pm – 6.55pm	12-17yrs	P2
Adult Street	7pm – 7.55pm	18+yrs	P3

Wednesday - Ludus International

Class	Time	Age	Price
Zumba®	6pm – 6.55pm	18+yrs	P3
Bollywood	7pm – 7.55pm	18+yrs	P3
Broadway	8pm – 8.55pm	18+yrs	P3 NEW

Thursday - Classics

Class	Time	Age	Price
Professional Class	9am – 10.30am	18+yrs	FREE
Youth Contemporary	5pm – 5.55pm	12–17yrs	P2
Contemporary (LICA)*	6pm – 7.30pm	18+yrs	P3
<i>Term dates for Contemporary : 19 Jan- 22 March (no half term break)</i>			
Ballet Beginners	6pm – 6.55pm	18+yrs	P3
Ballet Improvers	7pm – 8.30pm	18+yrs	P4

Friday - Full of beans!

Class	Time	Age	Price
Jumping Beans	10.30am-11.15am	2-4 yrs	P1 NEW

Saturday - Kids' Time

Class	Time	Age	Price
Early Risers	9.30am – 10.15am	3–4yrs	P5
Breakfast Club	10.30am – 11.15am	5–7yrs	P5
Brunch Bunch	11.30am – 12.30pm	8–11yrs	P6



L♥VE DANCE

Important Information

TERM DATES: 14 JAN - 31 MAR
HALF TERM BREAK: 13 - 18 FEB

VENUE: (Unless stated otherwise)
 Ludus Dance Studio, King Street, Lancaster

*Contemporary is held at LICA
 (See back page for address details)

ONLINE OFFER:
 Opens at 10am on Tuesday 3rd January and closes
 at 4pm Monday January 9th.

WHAT TO WEAR:
 Be comfortable (t-shirt and trackies), with bare feet.
 For Yoga class, please bring layers of loose clothing
 and a blanket to keep you warm during relaxation.

Class descriptions available online.

Classes Price Key

Price Tier	Weekly	Term Offers		
		Term Price 1 week FREE	Online Offer 2 weeks FREE	Multi-Class Offer See below**
<i>Weekdays (10 week term)</i>				
P1 Price Tier 1	£3.50	£31.50	£28.00	£17.50
P2 Price Tier 2	£3.75	£33.70	£30.00	£18.75
P3 Price Tier 3	£5.25 (£4.75)	£47.20 (£42.70)	£41.99 (£38.00)	£26.25 (£23.75)
P4 Price Tier 4	£7.80 (£7.00)	£70.20 (£63.00)	£62.40 (£56.00)	£39.00 (£35.00)
<i>Saturdays (11 week term)</i>				
P5 Price Tier 5	£3.50	£35.00	£31.50	£21.00
P6 Price Tier 6	£3.75	£37.50	£33.70	£22.50

Multi-Class Offer - If you sign up for the full term for any class (at the Term Price or Online Offer rate), you can sign up for the full term of every **additional class at the Multi-Class Offer rate. To take up the Multi-Class Offer, you must book by phone or in person. The Multi-Class Offer is limited to one individual.

LUDUS DANCE **SPRING 2012**

ludusdance

**New year
New classes**

New ways of
having fun and
getting fit!



DANCE FOR EVERYONE

TERM DATES: 14 JAN - 31 MAR
HALF TERM BREAK: 13 - 18 FEB

**Fold-out
dance planner
inside!**

Save money off the full term

Online offer opens at 10am on Tuesday 3rd
January at www.ludusdance.org/spring. Phone
and in-person bookings open at the same time.

Multi-Class Offer!

It's now more affordable than ever
to try out other classes with our
Multi-Class Offer. See details inside.

Dancing Lancaster

Dancing Lancaster is a scheme making it easy for you to discover the diverse range of dance across the city. So for classes, performances, festivals and more, visit: www.dancinglancaster.org

Get the T-shirt

Ludus Dance branded T-shirts, hoodies and gift vouchers are now available online: www.ludusdance.org/shop

How to find us

Ludus Dance can be found upstairs at:

The Assembly Rooms,
King Street, Lancaster, LA1 1RE
If you're driving round the one-way system, you'll see us just before Crows Hotel.

We also run our Contemporary class at:

Lancaster Institute for the
Contemporary Arts (LICA),
The LICA Building, Lancaster University
Lancaster LA1 4YW

Photography: Brian Slater, Josh Hawkins, Merlin Hendy
Design: www.hotfootdesign.co.uk

All details correct at time of going to print. Ludus Dance reserves the right to reschedule classes or change tutors and artists in the event of injury, illness or any other unavoidable reason.

Stay in the know

If you'd like to receive emails on classes, events and offers, send us a blank email to letusknow@ludusdance.org with 'Email List' in the subject line.

And if you'd like to receive our classes brochure direct to your home, email your address to letusknow@ludusdance.org with 'Mailing List' in the subject line.

Or call us on **01524 35936**

Visit our website www.ludusdance.org



Become a fan on Facebook
www.facebook.com/ludusdance



Follow us on Twitter
www.twitter.com/ludusdance



Supported by
**ARTS COUNCIL
ENGLAND**



**Support the work of Ludus Dance as a Ludus Friend or
Champion in return for some special Ludus benefits!**

Full details at: www.ludusdance.org/friends

Ludus Dance Company No: 7729308 Registered Charity No: 1144163

**This brochure is also available in large print,
please call 01524 35936 for more information.**